



OCEAN | HEALTH Fitness

FILE FORMAT SPECIFICATIONS

Resolutions:

1080 x 1920
1920 x 1080

File formats:

MP4, MOV, JPG or PNG H.264

File size:

Max 30mb

All files must be without audio.

Do you need help creating your campaign? Ask us in Ocean Outdoor, and we will happily put you in contact with our graphic design partners.

DELIVERY

Deadline:

Artwork needs to be delivered to Ocean Outdoor no later than 4 business days prior to campaign launch.

Naming:

Mark the file with advertiser, format and campaign dates/ weeks. Please note that when sending in files, the file name should not contain; special characters, space or æ, ø, å.

Deliver to:

produksjon@oceanoutdoor.no
or your Ocean Outdoor contact person.